

Friday 6th October, 2023

Elmton Class

What have we been learning about this week?

Elmton Class have had a great week at school. The children have all worked really hard in every lesson.

In English, we have been learning about nouns and adjectives. The children can explain a noun is a person, place or thing. They can also use an adjective to describe a noun.

This week in PE, we have been practising our hitting skills using a racquet.

In maths, we have been learning how to identify greater than, less than and equal to.

Have a lovely weekend.

Miss Earle

Phonics Time

| <u>Real words</u> | <u>Nonsense words</u> |
|-------------------|-----------------------|
| star | harn |
| fork | borj |
| surf | murf |
| cow | zow |
| coin | hoid |

Sounds we have been recapping this week:

- ar, or, ur, ow and oi.

Can you read these words?

Homework challenge -

On Tuesday 10th October, we will be completing a range of activities to mark World Mental Health day.

As a school we are supporting the ITV Britain Get Talking campaign. For your homework, I would like you to complete the sheet provided.

What's on our minds can be the hardest subject.

So what's on yours?

Sometimes, the world can feel like a scary place.

That's why this World Mental Health Day, we've set the nation a different kind of homework.

Because talking about the hardest subjects on our mind can help ease our stress, and reduce our anxiety.

And working on a shared task like this one is a brilliant way to start a proper chat if you need a hand.

1 Ask your parent, carer, or an adult you trust if they'll help you with your homework.

2 Write or draw your worries or fears on the front cover of this exercise. You can use the box or go outside the lines. Remember: there are no right or wrong answers.

3 Now, spend time together talking through any worries one by one. Discuss questions such as: How does it make you feel? What are you most afraid might happen? Would it help if you had more information?

Get listening

Even if we're used to talking together, it can be hard to open up about our worries or fears, particularly the more serious or scary ones. Perhaps you're afraid that talking about them might make you both worry more,

but the reality is the opposite is more likely to be true. When we talk about the hardest subjects, we don't have to have all the answers. The important thing is to listen without judgment, and try not to rush to resolve the problem.

Weekly spellings

Gold keywords

Our weekly spelling check will take place on

Wednesday 11th October, 2023.

Gold keywords -

- her
- my
- are
- all
- they
- you

Good luck!