



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1 Fundamentals : Unit 1	Ball Skills : Unit 1 Gymnastics : Unit 1	Dance : Unit 1 Fundamentals : Unit 2	Ball Skills : Unit 2 Dance : Unit 2	Games : Unit 1 Football	Games : Unit 2 Sports Day Practise
Year 1	Ball Skills Fundamentals	Dance Gymnastics	Yoga Sending and Receiving	Fitness Team Building	Athletics Target Games	Net and Wall Games Sports Day Practise
Year 2	Ball Skills Fundamentals	Gymnastics Sending and Receiving	Team Building Yoga	Invasion Games Dance	Net and Wall Games Athletics	Striking and Fielding Games Sports Day Practise
Year 3	Dodgeball Ball Skills Y3/4	Netball Gymnastics	Dance Orienteering	Fitness Hockey	Athletics Handball	Sports Day Practise Rounders
Year 4	Dance Football	Yoga Gymnastics	Netball Fitness	Rugby Dodgeball	Tennis Cricket	Athletics Sports Day Practise
Year 5	Swimming Dance	Swimming Gymnastics	Swimming Football	Fitness Rugby	Cricket Hockey	Rounders Sports Day Practise
Year 6	Handball Football	Fitness Gymnastics	Volleyball Y5/6 Dance	Netball Yoga	Tennis Cricket	Sports Day Practise Athletics